

Lunch Menu Summer 2010

Help Us Support Local Farms & Producers

AIDA Bistro uses fresh & local products from farms & producers whenever possible. During the season, all herbs are locally grown either by local farmers or at our house. We support local businesses & believe that the freshness of the product translates into a great dining experience for you. We support: Larriland Farms, Gorman Farm, Clark Elioak Farms, The Happy Clam & Woodcamp Angus Farm.

Antipasto & Soup

Chef's Homemade Zesty Lentil & Sausage Soup: 4.99 & 7.99

Homemade Flat Bread: Basil Pesto, Tomato & Fresh Mozzarella, Finished with Truffle Oil, Basil Vinaigrette & Balsamic Reduction 13.99 **Add Crabmeat or Italian Salami.** 3

Anthony's Calamari: An AIDA Bistro Favorite Specially seasoned Calamari Flash Fried & Served with our zesty Homemade Marinara Sauce. 8.99 & 13.99

Flash-fried Rock Shrimp Tossed in Chile Aioli Garnished with Fresh Herb Emulsion. 13.99

PEI Mussels With Garlic and Shallots in a White Wine Tomato Butter and fresh herbs: 12.99

AIDA Bistro Lunch Entree Menu Spring 2010

Homemade Spaghetti **: With your choice of Homemade Marinara or Garlic & Oil. 8.99 **Add Meatballs** 12.99

Homemade Cheese Ravioli **: Stuffed with Fresh Ricotta Cheese & Spices. Topped With Homemade Marinara Sauce. 9.99 & 17.99

Emil's Eggplant Parmigiana:** Fresh Eggplant, Lightly Battered, Baked with Marinara Sauce, Topped with Melted Provolone Cheese. 10.99

Mikey's Scampi: Shrimp Sautéed with White Wine Lemon-Butter, Herb & Garlic Sauce. Served over Fresh Linguine. 12.99

Uncle Frank's Shrimp Fra Diavolo: Sautéed Shrimp in a Spicy Red Pepper & Homemade Marinara Sauce over Fresh Linguine. 12.99

Kathryn's Pasta Primavera:** Homemade Pasta Tossed with Basil Pesto, Tomatoes, Baby Spinach Sautéed Squash and Eggplant Topped with Ricotta Cheese. 12.99

Chicken Primavera: Tossed with Basil Pesto & Seasonal Vegetables over Fresh Linguine Topped with Ricotta Cheese 14.99

Andouille Sausage, Shrimp & Smoked Gouda Stuffed Ravioli (Spicy): Topped with Creole Mustard Cream Sauce 12.99 & 20.99

Chef's Fresh Seafood Special: Your Server will describe the Chef's Preparation

** AIDA Bistro is 100% Trans-Fat Free**

**Vegetarian Entrée

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New Lunch Salads

Mediterranean Salad: Red & Green Peppers, Spanish Onion, Local Cucumbers, Kalamata Olives and Feta Cheese with fresh organic salad greens tossed with extra virgin olive oil lemon juice and fresh oregano. 10

Grilled Caesar Salad: Grilled heart of romaine lettuce garnished with croutons and shaved parmesan cheese with Homemade Caesar dressing 9

Marietta's Goat Cheese Salad: With organic greens, topped with one golden brown goat cheese croquette, seasonal fruit & toasted pine nuts in light berry vinaigrette. 9

Add Grilled Chicken: 4

Southwestern Sautéed Shrimp Salad: Grilled local corn, local tomatoes, red onion and avocado with organic greens, tossed with lemon truffle vinaigrette. 14

Sautéed Salmon Salad: Organic greens, served with creamy lemon dill dressing, cucumber, cherry tomato, julienne red onions & feta cheese 14

AIDA Lunch Sandwiches: NEW!

(Lunch Sandwiches are served with chef's side, your server will describe)

Grilled Pesto Chicken Breast Sandwich: Served warm with garden basil pesto spread & homemade mozzarella with lettuce and tomato on a rustic sub roll. 9

Grilled Pork Tenderloin Sandwich: Rubbed with fennel & spices, topped with roasted red peppers, arugula and balsamic aioli on a rustic sub roll. 11

Powerhouse Sandwich: Homemade hummus spread, grilled portobello, avocado, shredded carrots, local cucumbers, roasted red peppers & onion with goat cheese on French farm bread. 10

Fried Green Tomato Sandwich (Our take on a BLT): Fried Green Tomatoes, crispy bacon, homemade mozzarella & fresh arugula with truffle aioli. 10

Classic: Open Faced Meatball Sub: Covered with Provolone Cheese & Marinara Sauce 9

AIDA Lunch Combinations

Flat Bread & Mediterranean Salad: Small Homemade Flatbread & Mediterranean Salad 9.99

Soup & Flat Bread: Small Flatbread and Chef's Homemade Soup 9.99

Soup & Mediterranean Salad: Homemade Soup and Mediterranean Salad 8.99